



## Medical Treatment & Recovery Supply Needs in Liberia

*Please consider donating items from this list to help healthcare providers address the treatment and recovery needs of women and girls with fistula.*

### Medical/Surgical Supply Needs

- #15 blades (Surgical)
- #10 blades (Surgical)
- 0 vicryl sutures
- 4X4 gauze roll (curlix)
- Bandages
- Bandage tape
- Band-aids
- Surgical instruments
- Retractors
- Steel speculums
- Catheters-12, 14 16, 18
- OR tables
- Exam tables
- Scrubs
- Shoe covers
- #22 gauge spinal needles
- Mayo stand
- Strong surgical needles
- Latex gloves
- Long Neoprene gloves that can withstand caustic lye
- Lubber mat for sink floor
- OR scrub brushes
- Depends/adult diapers
- Chux/paper OR towels
- Towels and wash cloths
- Generators (220/portable)
- Sanitary napkins
- NST machine
- Labor monitor
- Generators (220/portable)
- Sanitary napkins
- Reader eyeglasses
- Sunshield protective sunglasses (cataract type)
- Urine dipsticks
- Small, portable ultra sound machine
- BP Cuff
- Stethoscopes
- First Aid Kits
- Hospital beds w/ mattresses
- IV poles
- Various models of the human anatomy
- Infant bassinets
- Tooth brushes, toothpaste, other toiletries
- Sunshield sunglasses (post-cataract type)
- Gatorade G powder drink mixes for rehydration
- OTC medications: (large bottles)
  - Advil
  - Tylenol
  - Mucinex
  - pre-natal vitamins
  - Ibuprofen
  - Aspirin
  - Tums
  - Roloids
  - Previcid
  - Aleve
  - Neosporin creme
  - Small tubes of Desitin or A&D Ointment
  - Colace tablets
  - Milk of Magnesia
  - Pepto-Bismol



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### Recovery Supply Needs

- Crocs/flip flops
- Depends
- Peppermints or hard candy
- Chux/paper OR towels
- Towels and wash cloths
- Generators (220/portable)
- Clothing
- White t-shirts
- Books: history, science, reading (lower elementary reading level)
- Digital projector
- School bus/van
- Scholarship money
- Book bags
- Infant blankets/clothing
- Notebooks/composition books
- Pens, pencils, erasers
- Dry erase markers
- Dry erase boards
- Tooth brushes, toothpaste, other toiletries
- Underwear (2 yrs and up)
- Toiletries
- Flip flops
- Chalk
- Heavy-duty rain ponchos
- Umbrella
- Rain covers for shoes
- Black dress shoes-boys and girls
- Scientific calculators
- School science models
- World Books/maps
- DVD's: animals, ecology, world history
- Books about Black hero's (examples: Eli Whitney, Ben Carson, Frederick Douglas)
- Seed packets (corn, okra, pumpkin, peppers, greens)
- Gatorade G powder drink mixes for rehydration
- Flavorings for baking (Vanilla, etc.)
- Twister games
- Pop-Up 10X10 tent canopies
- Canned tuna or chicken
- Animal crackers (large containers)
- Black board paint
- Small plastic drinking glasses